

20.05	400m	M35	
1	Richard White	WOR	57.3
2	Mike Morley	BIR	58.4
3	Rob Mole	B&R	60.6
4	Pete Reeves	SPK	61.0
5	Paul Fearon	MMA	66.1
6	Richard Guest	HAL	74.4

20.15	400m	W35	
1	Debbie Walters	BIR	61.0
2	Judith Buckley	HAL	64.2
3	Sian Evans	SPK	73.5
4	Mel Hepke	B&R	77.3
5	Elaine Restorick	D&S	79.1
6	Helen Elliot	WOR	79.1

20.05	400m	M40	
1	Andrew Priest	MMA	56.5
2	Dave Hanson	SPK	56.7
3	Windell Simpson	BIR	59.6
4	Steve Hinchliffe	WOR	60.3
5	Phil Anderson	B&R	68.5
6	Mike Deakin	HAL	72.2

20.15	400m	W40	
1	Julie Rogers	BIR	65.8
2	Nancy Hitchmough	D&S	73.4
3	Sue Barker	HAL	75.5
4	R Townsend-Hope	WOR	76.4
5	Liz Blake	SPK	76.7
6	Dagmar Prinzing	B&R	82.1

20.05	400m	M50	
1	Lawrence Oldfield	WOR	64.2
GST	Martyn Cole	WOR	67.9
2	Robert Mills	SPK	68.1
3	Jon Hill	HAL	71.5
4	Clive Brown	B&R	76.9

20.15	400m	W60	
1	Maggie Crosswell	WOR	01:28.6
2	Rita Brownlie	B&R	01:31.7
3	Gill Millerchip	SPK	01:38.7

19.00	Hammer	M50	
1	Mike Jones	B&R	18.77
2	Chris Street	BIR	17.33
3	Graham Roberts	SPK	16.29
4	Roger King	WOR	15.67
5	Jon Hill	HAL	14.52

19.25	High Jump	W35	
1	Judy Buckley	HAL	1.40
2	Yasmine Al Daftary	B&R	1.15
3	Diedre Elmhurst	WOR	1.15
4=	Karen Davies	BIR	1.00
4=	Hilary Mann	SPK	1.00

19.35	Hammer	M35	
1	Russell Payne	BIR	42.59
2	Ian Bowles	WOR	18.18
3	Paul Fearon	MMA	16.97
4	Michael Westwood	SPK	14.34
5	Mike Morton	HAL	12.52
6	Phil Anderson	B&R	8.27

19.25	High Jump	W50	
1=	Hilary Boszko	BIR	1.05
1=	Rosemary Chrimes	HAL	1.05
3	Rita Brownlie	B&R	1.05
4	Ros Townsend Hope	WOR	1.00
	Elaine Restorick	D&S	NH

Men Team Score

Worcester AC	WOR	123
Birchfield Harriers	BIR	115
Broms&Redditch	B&R	102
Sparkhill H	SPK	89
Halesowen	HAL	72
Midland Masters	MMA	46
Dudley&Stour	D&S	21
Drt/Kidder/Stour	DBR	15

Women Team Score

Broms&Redditch	B&R	100
Birchfield Harriers	BIR	99
Sparkhill H	SPK	79.5
Worcester AC	WOR	75
Halesowen	HAL	74.5
Dudley&Stour	D&S	43
