

19.15 100m		M35	
1	Andrew Priest	MMA	12.3
2	Dave Haynes	WOR	13.2
3	Rob Mole	B&R	13.7
4	Pete Reeves	SPK	13.8
5	Paul Rogers	BIR	13.9
6	Stuart Towlson	HAL	15.9

19.15 100m		M40	
1	Dave Hanson	SPK	12.6
2	Warren Fraser	BIR	13.2
3	Mike Neylon	B&R	13.6
4	Stuart Fountain	WOR	13.7
5	Paul McClean	HAL	13.7
6	Paul Fearon	MMA	13.8

19.15 100m		M60	
1	Lawrence Oldfield	WOR	14.2
2	Alan Mellett	MMA	15.0
3	Martin Smith	DBR	15.1
4	Les Woods	HAL	15.8
5	Clive Brown	B&R	16.0
6	David Brown	D&S	17.8
7	Robin Davies	BIR	20.3
8	Dave Winter	SPK	20.7

19.35 2000m Walk		M40	
1	Julian Barnett	BIR	11.42.8
2	Alan Smallwood	HAL	12.07.7
3	Eric Horwill	D&S	14.23.6
4	Wilf Bates	WOR	15.59.8

19.35 2000m Walk		M60	
1	Peter Bosko	BIR	10.52.5
2	Glyn Jones	D&S	11.40.3
3	Dave Winter	SPK	13.07.9
4	Dave Hope	WOR	13.18.4
5	Dave Carney	B&R	13.26.5
6	Barry Griffiths	HAL	14.13.8

21.05 4 X 200		M35	
1	Worcester AC	WOR	1.48.1
2	Birchfield Harriers	BIR	1.50.3
3	Sparkhill H	SPK	1.53.1
4	Broms&Redditch	B&R	2.05.2
5	Halesowen	HAL	2.07.5
	Guest Team		1.53.8

19.25 100m		W35	
1	Judith Buckley	HAL	14.2
2	Julie Rogers	BIR	14.7
3	Sian Evans	SPK	17.0
4	Yasmine Al Daftary	Guest	17.3
5	Mel Hepke	B&R	17.6
6	Deidre Elmhirst	WOR	17.7

19.25 100m		W40	
1	Judy Thomas	BIR	14.2
2	Jayne McClean	HAL	14.7
3	Dagmar Prinzing	B&R	17.0
4	Ella Fentman	SPK	17.3
5	Gill Repton	WOR	17.6

19.25 100m		W50	
1	Polly Gerner	B&R	14.6
2	Elaine Restorick	D&S	15.6
3	Hilary Bosko	BIR	16.9
4	R Townsend-Hope	WOR	17.0
5	Gill Millerchip	SPK	18.3
6	Rosemary Chrimes	HAL	18.7

19.35 2000m Walk		W35	
1	Sharon Tonks	B&R	10.23.1
2	Julie Bellfield	D&S	11.53.3
3	Karen Davies	BIR	13.07.9
4	Hilary Mann	SPK	13.57.3

19.35 2000m Walk		W40	
1	Jeanette Malin	B&R	11.28.7
2	Zita McDonald	BIR	12.06.0
3	Lynne Bellfield	HAL	13.24.1
4	Gill Repton	WOR	14.18.0
5	Gill Millerchip	SPK	14.45.2

M35	John Constandinou	BIR GST	10.20.4
M60	David Fall	BIR GST	14.07.9

21.10 4 X 200		W35	
1	Birchfield Harriers	BIR	2.01.6
2	Halesowen	HAL	2.08.4
3	Broms&Redditch	B&R	2.17.0
4	Worcester AC	WOR	2.21.5
5	Sparkhill H	SPK	2.28.7